



Pegasus Health's Hauora¹ Māori Plan 2015-2018

1 MĀORI HEALTH IN CANTERBURY

The Canterbury health sector's work including Pegasus Health is guided by the Māori Health Framework² that has as its' vision:

“KIA WHAKAKOTAHI TE HOE O TE WAKA - we paddle our waka as one”

The adage that “we paddle our waka as one” articulates the importance of all Canterbury service providers, the CDHB, PHOs and NGOs, working together to reduce inequities, increase access to services and improve health outcomes for Māori in Canterbury.

The Framework identifies the desired outcomes and key strategies that assist in achieving equitable health outcomes for Māori. It also identifies indicators that can be used to measure progress towards Oranga³ Māori or supporting Māori families to flourish and achieve maximum health and wellbeing. In considering the framework and opportunities for a collective impact, four priority areas were identified in 2013: cervical cancer screening, delivery of B4 Schools Checks, Human Papilloma Virus (HPV) immunisations and child and youth oral health.

While great progress has been made with B4 School Checks, we still have low rates of HPV immunisation and cervical screening for Māori. Cervical cancer is one of the most preventable cancers and Māori women have higher morbidity and mortality from cervical cancer compared to non-Māori. Regular cervical screening and the HPV programmes are national programmes that can prevent and provide early detection of cervical cancer. Other issues for Māori that contribute to inequities in health outcomes are cardiovascular disease, diabetes and accessibility of primary health care services.

Based on this, the Hauora Māori Plan 2015-2018 outlines the key action areas for Pegasus Health in the coming three years to improve equitability of health outcomes. These action areas are complimentary to Pegasus Health's Strategic Initiative for 2015 - “engage with iwi to explore initiatives to improve health equity for Māori”.

2 ACTION AREAS FOR 2015-8

1. Increase HPV coverage and cervical screening rates for Māori women to at least target rates
2. Develop primary health care workforce through the development of Hauora Māori education
3. Build capability of whānau Māori (Māori families) to self manage
4. Pegasus Health improvement indicators and other reporting include Māori breakdown

These action areas will be developed into plans in conjunction with Team service plans with measurable objectives.

¹ Hauora is a Māori philosophy of health and well-being

² See over page

³ Oranga means livelihood, welfare, health, living

3 PHO HAUORA MĀORI IMPROVEMENT INDICATORS

Indicators	Targets
HPV vaccination complete for Māori (3 doses)	70%
Cervical screening Māori coverage	80%
Proportion of enrolled Māori population with CVD risk assessment/discussion	90%
Immunisation for Māori eight-month-olds	95%
Immunisation for Māori two-year-olds	95%
Breast screening Māori coverage	70%
B4 School Checks Māori coverage	90%

4 CANTERBURY MĀORI HEALTH FRAMEWORK

The Canterbury Māori Health Framework is used by the CDHB and PHOs as the basis for planning. It is an outcomes framework and is aligned to He Korowai Oranga: Māori Health Strategy.⁴ Pegasus Health was integral to its development.



Kia whakakotahi te hoe o te waka
 WE PADDLE OUR WAKA AS ONE

⁴ Refer: <http://www.health.govt.nz/publication/he-korowai-oranga-Māori-health-strategy>