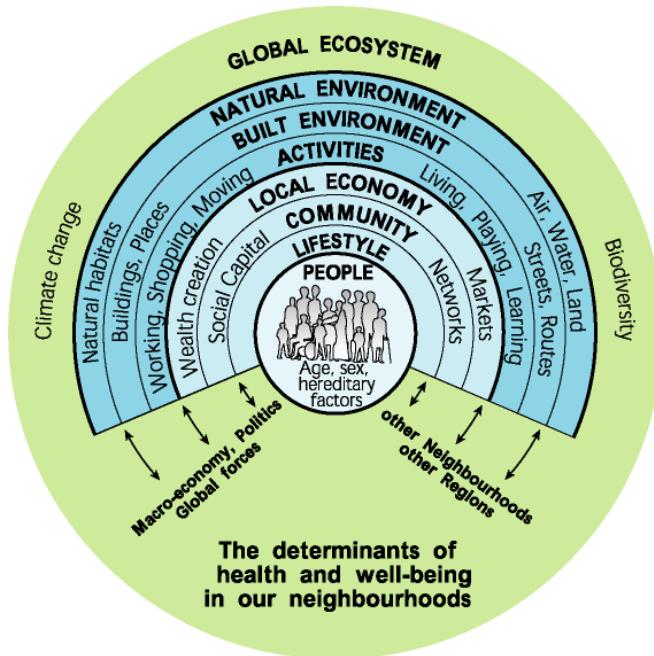


Pegasus' Position Statement on Health and Wellbeing

Pegasus recognises that while high quality accessible primary health care services are vital part to maintaining and restoring the health of our community, wider determinants have a profound impact on health outcomes and health equity (see Figure 1).

Figure 1: The Determinants of Health and Well-being¹



Consequently, Pegasus is focused not only on the delivery of high quality health services, it also advocates for healthy public policy and environments that make the healthy choice the easy choice.

Pegasus supports a Health in All Policies approach – an approach to policies across sectors that systematically takes into account the health implications of decisions, seeks synergies, and avoids harmful health impacts, in order to improve population health and health equity.

Taking a Health in All Policies approach is particularly important for population groups who experience inequitable health outcomes, in particular Māori. Pegasus recognises that Māori have rights as the indigenous people of Aotearoa that are protected through the Treaty of Waitangi and it is the duty of the health sector as a whole to uphold these rights.

Pegasus recognises that other groups have inequitable health outcomes including Pacific peoples, some culturally and linguistically diverse populations, people and families who are low income, and people with enduring mental illness.

To support Pegasus' advocacy for Health in All Policies, it has adopted a position on specific health areas and determinants of health. These positions are supported by adopting those taken by the Canterbury District Health Board and the Royal New Zealand College of General Practitioners (RNZCGP).

¹ Barton, H. and Grant, M., (2006) A health map for the local human habitat, Journal of the Royal Society for the Promotion of Public Health, 126 (6) pp252-261.

Note: in endorsing these it is implicit that Pegasus also adopts the numerous treaties and charters ratified by our Government, including the *United Nations Declaration on the Rights of Indigenous Peoples* and the *United Nations Convention on the Rights of the Child*.

Position Statements

Equity of Health Care for Māori

Pegasus is committed to achieving equitable health care for Māori. Pegasus adopts the Ministry of Health's "*Equity of Health Care for Māori: A framework that guides health practitioners, health organisations and the health system to achieve equitable health care for Māori.*"

<http://www.health.govt.nz/publication/equity-health-care-maori-framework>

Achieving Health Equity

Pegasus is committed to reducing health inequity in Aotearoa/New Zealand. Pegasus endorses the RNZCGP's Position Statement "*Achieving Health Equity by Eliminating Health Inequalities.*"

https://www.rnzcgp.org.nz/RNZCGP/Advocacy/Position_statements/RNZCGP/Advocacy/Position_statements.aspx?hkey=26539289-7e92-4616-b5d9-dfbcc7e39bb9

Environmental Sustainability

Pegasus understands that poor quality environments and climate change have greater adverse impacts on the health and human rights of disadvantaged groups including children, indigenous peoples, older people and developing nations. Pegasus endorses the New Zealand College of Public Health Medicine Policy Statement "*Sustainability*".

http://www.nzcpmh.org.nz/media/104677/2017_04_sustainability_policy_statement_reviewed_2017.pdf

Health Status of those with Enduring Mental Illness

Pegasus is committed to reducing physical health disparities between people who experience mental health and addiction problems, and those who do not. Pegasus endorses the principles of the "*Equally Well Consensus Position Paper.*"

<http://www.tepou.co.nz/uploads/files/resource-assets/equally-well-consensus-position-paper-september-2014.pdf>

Tobacco Control

Pegasus supports a Smokefree environment and the Government's goal of achieving a Smokefree Aotearoa New Zealand by 2025. Pegasus endorses Canterbury DHB's "*Smokefree/Auahi Kore Position Statement: November 2012.*"

<https://www.cdhb.health.nz/About-CDHB/corporate-publications/Documents/CDHB-Smokefree-position-statement.pdf>

Healthy Weight

Pegasus promotes and supports healthy weight in children and adults. Pegasus endorses the RNZCGP's policy brief "*Tackling the Growing Obesity Epidemic: a General Practice Perspective.*"

<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.664.7879&rep=rep1&type=pdf>

Breastfeeding

Pegasus recognises that breastfeeding is a positive determinant of health for infants and mothers and hence is supportive of environments that support breastfeeding. Like the New Zealand Breast Feeding Alliance, Pegasus supports and endorses UNICEF's Call to Action in the "*Innocenti Declaration 2005 On Infant and Young Child Feeding.*"

<http://innocenti15.net/declaration.pdf.pdf>

Housing and Impact on Health

Pegasus understands that a warm and dry home is vital for good health and well being. Pegasus endorses the Canterbury DHB's Position Statements on Housing, Home Heating and Air Quality.

<http://www.cdhb.health.nz/About-CDHB/corporate-publications/PublishingImages/Pages/Position-Statement/Housing%20home%20heating%20and%20air%20quality.pdf>

Alcohol

Pegasus recognises that we have an environment that promotes high levels of harmful drinking patterns across our community. Pegasus endorses the CDHB's position statement on alcohol.
<https://www.cdhb.health.nz/About-CDHB/corporate-publications/Documents/CDHB%20-20Alcohol%20Position%20Statement%20-%20July%202012.pdf>

Drinking Water Fluoridation

Pegasus supports water fluoridation to improve the oral health of Canterbury people and to reduce health inequalities. Pegasus endorses the CDHB's position statement on fluoridation.
http://www.cdhb.health.nz/About-CDHB/corporate-publications/Documents/CDHB_Fluoridation Statement2003_080820.pdf