

# SMALL GROUP PROGRAMME

## CLINICAL QUALITY AND EDUCATION TEAM PEGASUS HEALTH

**Supporting best practice through independent, evidence-informed, peer-led professional development**

The Pegasus Small Group Programme was founded in 1992 in Canterbury to promote best practice and optimal use of health resources. Starting with GPs, it now includes Nurse Practitioners, Practice Nurses, Community Pharmacists, and has expanded to other regions.

Small Groups of 12-15 primary healthcare professionals meet regularly to discuss topics. Meetings are facilitated by a trained peer Small Group Leader. Topics benefit from the expertise in the room and the shared experiences of those present.



### ► How does the Small Group Programme support positive change?

Providing regular opportunity for reflection on practice and discussion with peers is a powerful tool. It generates ideas, supports improvement and change, minimises unhealthy variation in practice, encourages collaboration and a team approach to patient care.

The Small Group Programme focusses on topics that are engaging, relevant, current, and align with strategies for the health system. All topics promote achieving health equity. The Small Group Programme is endorsed by the Royal College of General Practitioners and is recognised by the Nursing Council of NZ and the Pharmacy Council of NZ for professional development.

### ► What makes the Small Group Programme different to other education?

Small Group materials are developed independently by peer primary healthcare professionals in the Pegasus Clinical Quality and Education team. Topics are extensively researched with expert and external inputs. Data on the use of pharmaceuticals and lab tests are used effectively as a reflective tool.



Get involved with Small Group  
For more information, please contact  
**education@pegasus.org.nz**

*Nāu te rourou, nāku te rourou ka ora ai te tangata*  
*With your contribution and my contribution we will nourish the people*