



NEWSLETTER

Canterbury B4SC Newsletter

Winter 2022

Welcome

We're almost already half way All whānau across Aotearoa now through another year, which means have free and easy access to Triple P that we are quickly heading towards our inaugural Matariki public holiday. How will you be celebrating on Friday June 24th?

Focus on Equity

your efforts on prioritising B4 school checks for your Māori, Pacific and Quintile 5 whānau as well as any child families to create environments to over 4 years 6 months.

Professional development 2022

There's a MOH expectation that B4SC nurse providers complete 8 hours of professional development each year relating to family or child health. The B4SC professional development on offer for you this year involves an in- <u>Teen TPOL</u> Teen Triple P Online - For teractive 4 hour online update. (Plus 4 hours self directed tasks to complete).

Dates are set for: Wed 15 June, Wed 27 July, Thurs 15 Sept, Wed 2 Nov, & Tues 13 Dec, from 9am til 1pm each day. Click on this link to book your place in one of these updates this

The self directed work will need to be completed and submitted within 6 weeks of attending the online session in order to receive a certificate and professional development hours.

Triple P online

We ask that you continue to focus **TPOL** Triple P Online - For parents and caregivers of tamariki aged up to approximately 12 years. Supports support children's development and family wellbeing.

> Fear-Less TPOL - For parents and caregivers wanting to help children and / or teenagers get on top of anxious feelings, now and in the

> parents and caregivers of taiohi, approximately aged 10 to 16 years. Supports families to create the environments to support teenager's development and family wellbeing.

Healthy kids, 'My goal chart'

This resource is no longer in print.



Please use the BeSmarter resource instead.

Online (TPOL) supports. The following three programmes are made available direct to parents via this website. The expectation Is that you would still offer a referral.

This is James, thank you Lovey

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He taonga te mokopuna, kia whāngaia, kia tipu, kia rea.

> A child is a treasure, to be nurtured, to grow, to flourish.

ERMS B4SC referral guide

Mobile Referral to Coordination = Child Health > B4 School Check

VHT = Child Health > Child Hearing Screening

Dental = Dental > Community dental

RSRT = Child Health > Family Social Service Referral – select Right Service Right Time

CHSS = Child Health > Family Social Service Referral - select Child Health Support Service

Puawai = Community Programmes > Community Programme Enrolment > Puāwai Family Programmes and Support

MOE; There is no ERMS form for MOE; you can find a referral form on Health Pathways, complete and email to: referrals.canterbury@education.govt.nz Immunisation outreach = https://www.cdhb.health.nz/health-services/linkids/ Go to 'Missed Events' Tab and download either PDF or Word referral form

Locum nurses

Locum nurses are **not** authorised to carry out B4 school checks except under exceptional circumstances.

The reason for this is that if there are any clinical queries that arise from a check it can be rather challenging to contact or locate locum nurses and have them follow up accordingly.

If there are to be any B4SC carried out whilst working as a locum, they must first be agreed upon with approval of the B4SC Nurse Educator. (A permanent clinical staff member must then be nominated; in consultation with the B4SC Nurse Educator as back up if clinical queries are required, i.e. it is the nurses responsibility to fully handover any checks they do).

Celebrating Matariki with your whānau (suggested by Health Navigator):

- 1. Take time to reflect. Remember loved ones, share stories & memories.
- 2. Get crafty. Get the kids together and make Matariki star bunting or a kite.
- Attend a local event. There are lots of Matariki festivals and celebrations happening around the country, such as storytelling, kite-making, performances and exhibitions.
- 4. Get cooking. Matariki is traditionally a time to get together to share kai harvested from past seasons. A great time to have a midwinter feast.
- 5. Gaze at the stars.
- 6.You can wish people a "Happy Matariki" in te reo Māori saying: "ngā mihi o Matariki, te tau hou Māori".

Matariki, also known as Māori New Year, is a time for celebration, growth and renewal. It's a chance to get together and remember whānau who have died, share food, tell stories, sing and play music.

"Ngā mihi o Matariki, te tau hou Māori"

MOE referrals

Parental or nursing concerns relating to conditions such as ADHD etc cannot be diagnosed by MOE (Ministry of Education). It is recommended that a referral to the GP is made for assessment and possible follow-on referral to paediatrics, as required.

When completing a referral to MOE remember to add what pre-school the child attends and also include estimated age at which the child is to start school. Be sure to share with the parent what you are writing on the referral so that nothing comes as a 'surprise' to the parent when MOE discuss this with them.

Admin reminders

*Ensure you allocate the child to your-self as the provider before loading the results in the B4SC database. It will self populate your name above each out-come and will ultimately save you time. *Enter the check onto the B4SC database within 7 days of completing the check. Do not wait for the SDQT to be returned prior to entering the data.

*Claim for a check once it has been entered on the B4SC database & within 7 days of completing the check.

*If you are asked to review some detail in the database, please do so, and if changes are required please be sure to clearly document the changes and in the notes section explain your reason for the changes.

Contact Us

If you're not sure of something, want some more information or support please contact us.

B4SC Coordination Team:







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PEDS

We are seeing 'odd' looking scores such as 1/o/E or 1/2/C. Always make sure that the pathway you record in the database matches the score. If a parent identifies a concern (even if just "a little") it should get scored and notes should be made providing some detail of the concern - it should not be left blank. Irrespective of the pathway/actions you take, record the matching score in the database. Be sure to use the 'PEDS score form' to ascertain the correct score and pathway. If you have two pathways, ie an 'A' and 'C' or a 'B' and 'C', the 'A' or 'B' pathway should be recorded. The narrative you document in the notes will provide rationale for referral or non-referral.

2022 Education Dates

B4SC Nurse - Annual Update 2022 Webinar recordings online; Contact Sharon for link

New B4SC nurse provider training 2022: Tues & Wed , 2nd & 3rd August 8.45am - 5pm & Tues & Wed 8th & 9th November 8.45am - 5pm

B4SC 4 hour update Wed 15 June , Wed 27 July, Thurs 15 Sept, Wed 2 Nov, & Tues 13 Dec 9am - 1pm **** see newsletter for further details****

Whakatō te kākano aroha i roto i o tatou taitamariki kei puawai i roto tō rātou tupuranga aranui oranga.

Plant the seed of love in our children and they will blossom, grow and journey towards the greatest pathway of life.