

HAUORA MĀORI KI PEGASUS



COLLABORATION SHAPES THE FUTURE OF MĀORI HEALTH



SCHOLARSHIPS

The 2023 Workforce Development Scholarships recognise a new generation of health leaders.

TE ARA AKO

An international study tour looking at indigenous health approaches around the world.

TE KĀHUI

Te Kāhui o Papaki Kā Tai (Māori Advisory Group) published their Strategic and Work Plan for 2023 - 2024.



Te Kāhui o Papaki Kā Tai



2023 PEGASUS HEALTH WORKFORCE DEVELOPMENT SCHOLARSHIPS

The Pegasus Health Workforce Development Scholarships were established by Pegasus in 2001 to support Māori, Pasifika, and CALD (Culturally and Linguistically Diverse) students who are currently studying towards a health qualification. This year, a total of 15 scholarships were granted, and the evening was brimming with laughter and a strong spirit of kotahitanga (unity).

Keynote speaker Hector Matthews, Director Consumer Engagement and Whānau Voice, Te Whatu Ora, spoke about the importance of commitment to creating change. He implored the scholarship recipients to commit to making the health system in Aotearoa a place where Māori, Pasifika, and CALD voices are heard and honoured.

Manu Walker (Te Āti Awa) has just sat her finals to complete a Bachelor of Nursing at Ara | Te Pūkenga. Manu, and a number of her nursing classmates, were recipients of scholarship. The trust and manaaki (respect) that her roopu (cohort) shared was evident in their support for each other on the night.

“We wanted each other to succeed. I see our roopu as whanaunga (relatives). As with all whānau, it will continue to be a pou (pillar) of strength and tautoko (support) for me,” Manu said.

Once she has completed her education, Manu hopes to work in primary care where she can work directly with Māori whānau. “I have a strong desire to support Māori communities in overcoming the health disparities they experience and to bridge the gap for access for all whānau,” Manu said.



MEET OUR KAIMAHI WORKING TO PRIORITISE HAUORA MĀORI



Kim (Kimi) Jackson

Ngāti Porou ki Hauraki me Te Arawa ngā iwi

Kimi Jackson is a Health Navigator with the Pegasus Health Here Toitū service. Her role is all about supporting people who are struggling with getting into or maintaining work due to acute or chronic health conditions.”

Previously, Kimi was working as a Pūkenga Atawhai, and one of the attractions for her to this role was the ability to work with tangata whaiora for a full year, rather than a short six-week period.

“Moving from a specialist Māori role, I was concerned I’d have to pull back on te ao Māori, but I haven’t. I’ve used my te ao Māori and tikanga Māori with my Pakeha clients and had a very positive response. Te ao Māori is universal,” Kimi said.

Kimi is leveraging her role to drive lasting change for Māori. Discrimination in the workplace and access to employment is a struggle.

“Māori have to contend with being Māori in the workplace,” Kimi said. “I encourage and support my tangata whaiora to look at self-employment with the view of becoming employers for Māori.”

Pegasus Health is delighted to announce Kimi Jackson as our new Hāuora Maori Manager.



HERE TOITŪ
Strengthen Weave Empower

Here Toitū is an empowering service that helps you recognise your potential to achieve your goals and aspirations by helping you find or maintain meaningful work, study or volunteer experience, improving your wellbeing and whānaungatanga.

A Kaimanaaki will walk alongside you on your journey and support you in setting your goals. These goals can be anything that matters to you and your whānau (family), like your health, wellbeing, study, training and work.

E HARA TAKU TOA, HE TAKITAHU, HE TOA TAKITINI.

MY STRENGTH IS NOT DUE TO ME ALONE, BUT DUE TO THE STRENGTH OF MANY.



COLLABORATION SHAPES THE FUTURE OF MĀORI HEALTH

A new initiative to support Māori nurses across Waitaha is gaining momentum thanks to the efforts of Hayley Lotter (Muaūpoko), Nurse Educator at Pegasus Health. Working with fellow nurse, Kylie Clark at Te Whatu Ora Waitaha, Hayley has established a tapuhi Māori rōpū met regularly for support and connection.

“The kaupapa is all about whakawhanaungatanga. To get to know who else is out there and to be there as a support and resource for each other,” Hayley said.

The number of Māori nurses working within the system is disproportionately lower than within the population. This is particularly true in primary health. Māori nurses from across the health sector

attended the hui, including nurses from Te Whatu Ora, Corrections, Ara, primary healthcare providers and non-government organisations (NGOs).

“To make nursing an attractive and safe space for Māori it needs to be culturally safe, it needs to be prioritised and it needs to be facilitated without barrier, Hayley said.

The atmosphere within the group was one of excitement and momentum. By creating this peer group, Hayley believes that Māori nurses can take the shared mātauranga (knowledge) and whakaaweawetia (influence) back to their mahi, and help facilitate change to make things better for Māori whānau.

“With the changes to the health system, Te Tiriti o Waitangi needs to be foundational and that instead of ‘working towards’ equity we should prioritise equity in full measure,” Hayley said.

TE ARA AKO O COLLABORATIVE AOTEAROA 2023

Irihāpeti Mahuika, Director of Hauora Māori and Equity, embarked on a journey in May that would forever reshape her view of healthcare and community engagement. She was among 18 leaders from Aotearoa for an international study tour, aimed at gathering fresh insights crucial for ongoing health reforms and collaborations.

Starting in Canada, the group experienced a blend of traditional and modern practices at the Anishnawbe Health Centre. They told a story of a community that thrived in a park during the pandemic but then faced eviction from the council. In a united effort, the community raised a tepee as a symbol of Indigenous strength against challenges.

Irihāpeti highlighted "the power of Indigeneity resonated with us. It showed our strength as Indigenous people using these symbols in a strong, positive way." This tepee then became a central point for offering health services to the homeless at the Anishnawbe Health Centre.

Their focus then shifted to London, where strong partnerships between local communities and the council stood out. Resourcefulness was key, with funding for prescribers and health coaches being common everywhere they visited.

In Antwerp, Belgium, Irihāpeti co-presented on the Kaupapa of Collective Action and the National Healthy Families team. The focus was on empowering communities from within.

Throughout the tour, a recurring theme emerged – the power of voices with lived experiences.

"At a national level, the power of those with lived experience is elevating and there are more opportunities with those with lived experience to be a part of the codesign and review of our services. We're starting to think about how this looks at Pegasus," Irihāpeti said.

"I want to extend my gratitude to Collaborative Aotearoa for this opportunity of new learning and growth and to thank Pegasus Health for sponsoring my attendance in this space"

Our KNOWLEDGE is powerful
Our PRESENCE is significant
Our JOURNEY matters
Our CONNECTION is strong
We are INDIGENOUS peoples
Our PAST informs our FUTURE



TE KĀHUI O PAPAHI KĀ TAI STRATEGIC PLAN 2023-2024

Pegasus Health has always supported Māori governance of Māori health in Canterbury, first with the Māori Advisory Group from 2001 to 2009 then with Te Kāhui o Papaki Kā Tai (Te Kāhui) from 2009.

Te Kāhui is a Canterbury-wide combined group of primary care organisations, Manawhenua ki Waitaha, clinicians, community organisations, Māori health providers and Te Whatu Ora Waitaha Canterbury. The group plays a lead role in Māori health improvement by influencing across the health system to achieve health equity for all Māori living in Canterbury.

They have recently published their Strategic Plan and Work Plan for 2024.



Scan or click to view the full Te Kāhui Strategic and Work Plan.

Ā MĀTOU UARA | OUR PRINCIPLES

Te Kāhui o Papaki kā Tai is committed to maintaining the mana of Te Tiriti o Waitangi.

Whakawhanaungatanga

We respect, foster and maintain important relationships within the Canterbury health system

Manaakitanga

We pay respect to each other, Ngāi Tahu, manawhenua and ngā maata waka

Tohungatanga

We pursue knowledge and expertise based on information and evidence that leads our work and guides us toward achieving our purpose

Kaitiakitanga

We recognise that health is a taonga and work actively to protect the health of all Māori living in Canterbury

Tikanga

We strive to ensure that tikanga Māori is actioned and acknowledged in all of our outcomes

Rangatiratanga

We strive to maintain a high degree of personal integrity and ethical behaviour in all actions and decisions we make

Strategic Plan 2023-2024

TĀ MĀTOU ARONGA | OUR PURPOSE

To lead the Canterbury health system toward achieving equity of health outcomes for Māori

Ā MĀTOU WHĀINGA | OUR OBJECTIVES

- To promote indigenous leadership
- To improve accessibility to healthcare.
- To demand systemic monitoring and assessment of equity with quality data.
- Require equity-focused quality improvement with consequences for lack of progress.
- To challenge institutional racism.
- To change the workforce to promote equity.
- To build partnerships with Māori

Ā MĀTOU WHAKAAROTAU | OUR PRIORITIES

Workforce Development
Mental Health
Community Engagement
Data

