

KIA ATAWHAI KI TE TANGATA

CARE FOR OUR PEOPLE **2023**

CELEBRATING 30 YEARS OF PEGASUS

To celebrate Pegasus Health (Charitable) Ltd's 30-year anniversary, local artist Ellie Compton hand drew a mural that highlighted the last three decades, as seen on the cover page.

The concept for the mural is based on our timeline being seen as a haerenga (journey). The path with our awa (river) alongside takes you through some of the key milestones and events that have shaped Pegasus over the past 30 years. The cogs are part of Ellie's signature style that help connect the different scenes.

Geographic and cultural elements from Ōtautahi and Waitaha (Christchurch and Canterbury) are also a significant part of the mural – marae, Aoraki, Canterbury plains, and Kaikōura whales and seals. Totara and Kahikatea trees bring growth along the pathway.



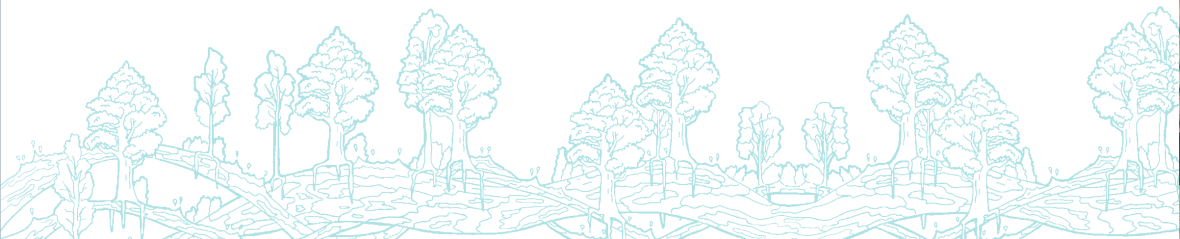
KIA ATAWHAI KI TE TANGATA

This phrase was gifted by Ngāi Tūāhuriri to encompass the work that we do for our people. Dr Te Maire Tau, Ngāi Tūāhuriri Upoko, Ngāi Tahu Historian and Director of the Ngāi Tahu Research Centre at the University of Canterbury drew on the philosophy laid down by Ngāi Tūāhuriri Upoko, Pita Te Hori who said in 1861:

Kia atawhai ki te tangata – Care for our people and gifted this statement to Pegasus.

Jane Huria

Pegasus Health Board Member



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KO PEGASUS HEALTH TĒNEI

OUR VISION AND VALUES

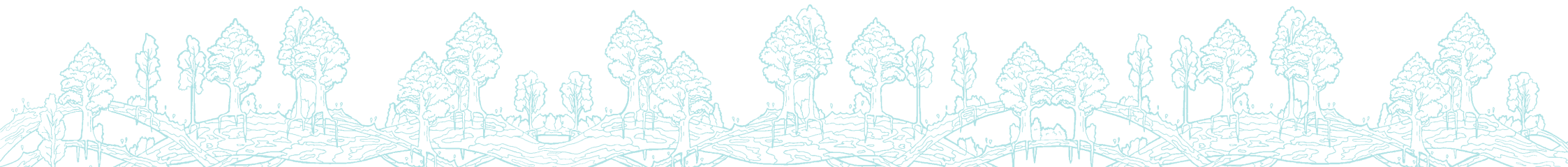
Pegasus is a charitable organisation committed to improving health outcomes for the people of Waitaha Canterbury through innovation in service design and delivery, collaboration with partners and continuous improvement. Our purpose is that **all people who live in Canterbury lead healthy lives**, and our role is **together making Canterbury the best place to receive and provide primary care**.

Our values of **inclusive, strive, connection** and **integrity**, underpinned by our guiding principle of **manaakitanga**, are at the core of who we are as an organisation and shape the way we operate.

Pegasus are dedicated to promoting equity and incorporating the principles of Te Tiriti o Waitangi in everything we do. We make a conscious effort to integrate equity and the Treaty principles into our operations in a deliberate and strategic manner. This means that we prioritise equity in our discussions, structures, decision-making, and processes. By doing so, we aim to enhance the health outcomes for all individuals and communities in Waitaha.

In particular:

- The reduction of disparities between the health of Māori and other identified groups within the population of Waitaha, and the reduction of barriers to the timely access to appropriate health services.
- The greater participation of the population of Waitaha in health-related issues through proactive consultation and communication with communities and in keeping with the wairua (spirit) of Te Tiriti o Waitangi.
- The improvement of integration and liaison between healthcare providers and others in Waitaha to ensure that healthcare services are coordinated around the needs of the population.





CEO COMMENTS

I am delighted to announce that I have taken on the role of Manukura | CEO at Pegasus Health. Since joining Pegasus in August, it is an immense honor to become part of organisation that not only champions collaboration and innovation but also shares my absolute commitment to excellence.

As a proud wife, daughter and mother to two energetic tamariki, whānau holds a special place in my heart. Their unwavering support has enabled me to embrace incredible opportunities like the one I find myself in today.

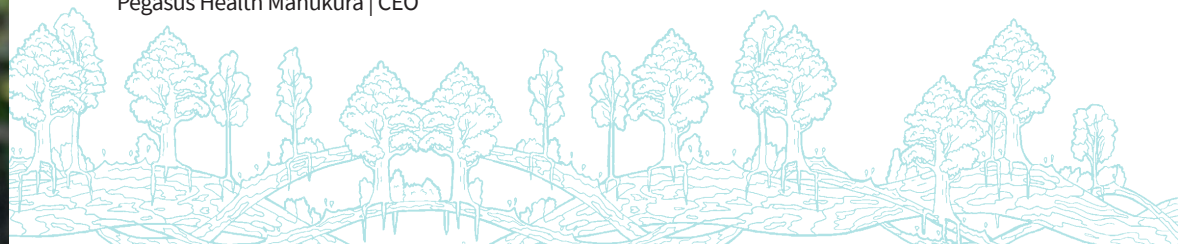
Drawing on my 10 years of experience leading the Canterbury Clinical Network, I have come to understand that healthcare is fundamentally relational. Therefore, building strong and high-trust relationships with our new and existing partners, listening and responding accordingly are core components to achieving our overarching purpose.

To ensure our success, I am focusing on four critical areas of our organisation: strengthening Pegasus' role within our healthcare system, executing our business plan, enhancing alignment with both current and future partners, and ensuring our teams are poised for success. By prioritising these areas, we will most effectively serve our primary care network, strengthen our contribution to system performance, foster true collaboration, and make a positive impact on our community.

While there is undoubtedly a lot of work ahead of us, I am confident that our strategic focus, the strength of our partnerships, our capabilities and our work to ensure our organisation fit for purpose will position us strongly for the future. I am genuinely excited to embark on this journey alongside all of you.

Kim Sinclair-Morris

Pegasus Health Manukura | CEO





NGĀ PŪRAKAU

OUR STORIES



24 HOUR SURGERY

FOR PERIOD 1 JULY 2022 TO 31 JUNE 2023

TOTAL PATIENT PRESENTATIONS

90,860

4,463	19,729	507
Under 1 year	Under 6 years	90 and over

FRACTURE CLINIC PRESENTATIONS

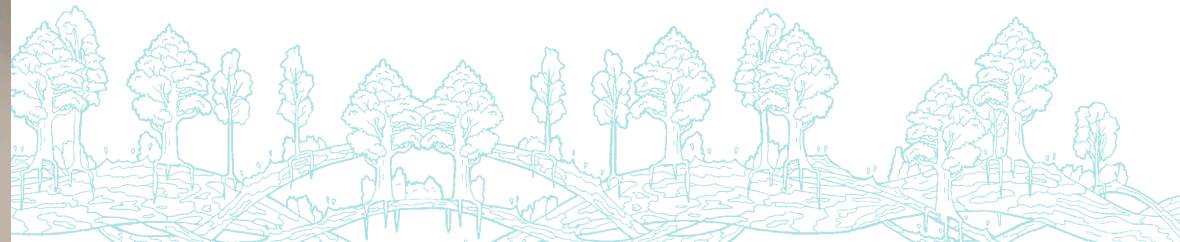
5,877

ACC URGENT CARE

25,261

COVID STREAM PRESENTATIONS

24,248



24 HOUR SURGERY ENHANCES CARE WITH INTEGRATION OF NEW ROLES

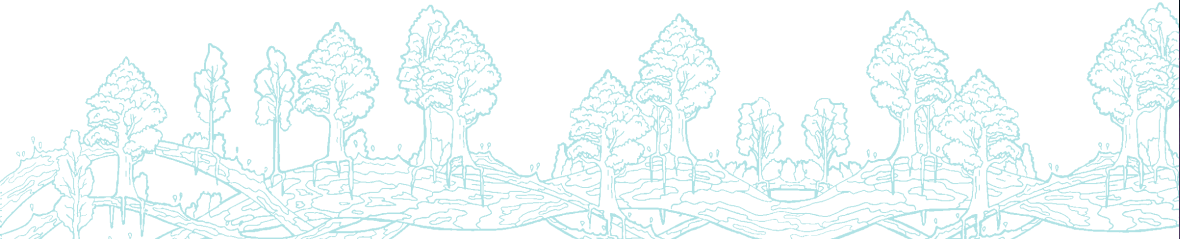
This year 24 Hour Surgery introduces, Health Improvement Practitioners (HIPs) and Health Coaches were introduced to the 24 Hour Surgery (24HS). Having these roles integrated into the 24HS service allows a more comprehensive level of care, particularly for unenrolled people who otherwise can't access HIPs and Health Coaches, who are normally attached to general practice.

Experienced HIP, Tessa Bowden, is always attracted to new opportunities so when she heard that 24HS were introducing HIPs and Health Coaches to their team, she jumped at the chance to be involved.

“The team has been incredibly welcoming. They're really willing to give it a go and refer people to the HIPs,” Tessa said. “The 24 Hour Surgery team work very well together, supporting each other and working together really collaboratively. It makes it an ideal place to work.”

There are three HIPs who share the workload in the 24HS. They come from a range of backgrounds: an occupational therapist, a social worker and a practice nurse.

“We've each got our different strengths. We communicate and help each other find the right support for our patients,” Tessa said.



NEW TALKING THERAPY FACILITY OPENED IN PAPANUI

A new mental health hub on Cranford Street was established by Pegasus in October 2022. The building was blessed by Matua Ruru from Te Whatu Ora Waitaha Canterbury.

The new facility will see up to eight mental health clinicians delivering Rongoā Kōrerorero (talking therapy) to people in need of short-term wellbeing support.

“It was a privilege to have Matua Ruru bless the building,” Manager for Primary Mental Health, Karl Belcher, said. “The blessing was a chance for us to cleanse the space and create mana and mauri (spiritual power and essence) here. The people who come here for support are often in a time of distress. By infusing that mana we hope they can walk out of here with hope and their heads held high.”

The building has four distinct spaces for clinicians to see patients.

“We spent a lot of time looking for a site that fits the community and is vibrant and welcoming. It does not feel clinical, but is a space that is warm, caring, nurturing and reflects the concepts of manaakitanga and whanaungatanga (connection),” Karl said.



STRENGTHENING SUICIDE PREVENTION ACTION IN WAITAHA CANTERBURY

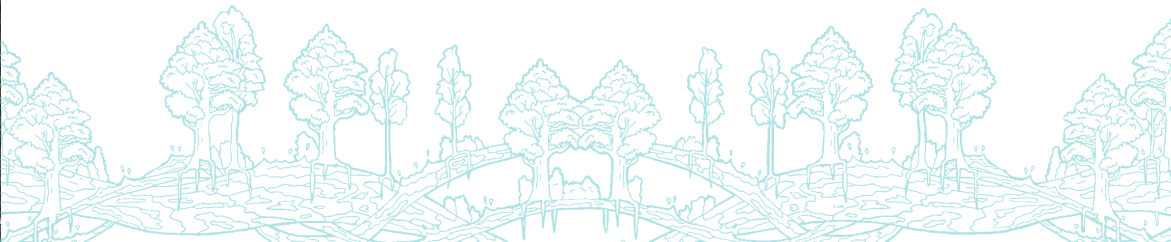
Living Well Waitaha, the Canterbury Suicide Prevention Strategic Action Plan 2022-2025, was officially launched at Tūranga in early July 2022 with the aim to reduce suicide attempts and deaths by suicide in Waitaha.

The plan resulted from a collaborative effort involving various agencies, including mana whenua, cultural leaders, government stakeholders, social services groups and community organisations, and reflects the voices, experiences and needs of the people of Waitaha.

The Suicide Prevention and Postvention team has played a key role in creating this Action Plan providing knowledge and resources to ensure it accurately reflects and supports the specific wellbeing needs of people in Waitaha.

“I’m proud of the collaboration between our Suicide Prevention and Postvention team and the numerous other inter-agency groups and services. This Action Plan honours the mahi we and many others have been doing in Waitaha to reduce deaths by suicide. It will continue to guide our collective work as we explore creative and innovative ways to implement prevention initiatives that are responsive to the needs of the community and are culturally safe,” Manager for Primary Mental Health, Karl Belcher, said.

The Action Plan can be accessed at www.suicidepreventioncanterbury.org.nz.



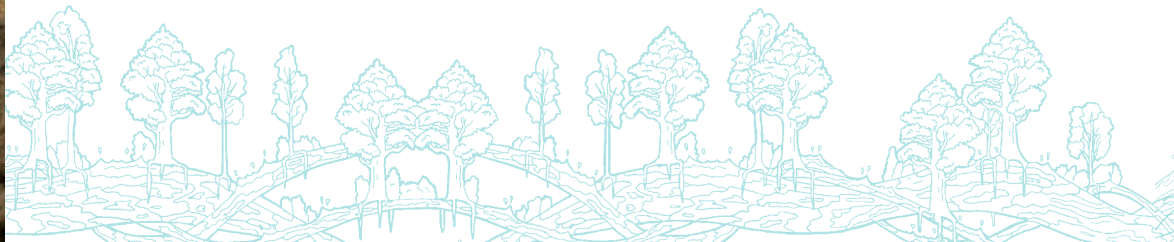


SERVICE EXPANSION AIMS TO REDUCE THOSE MOVING TO A JOBSEEKER BENEFIT

Responding Early is a new preventative addition to the Here Toitū service that focuses on supporting individuals aged 16-64 who are employed but face challenges due to health conditions or disabilities, putting their jobs at risk. Traditionally, Here Toitū supports people to return to work after a period of unemployment due to health issues. With this new expansion, the service takes on a proactive role in supporting people's employment aspirations from the outset.

The Ministry of Social Development, partnering with THINK Hauora and Orion Health Limited, conducted a research project that investigated the journey of their client groups, specifically those who move from employment to a health-related benefit. Opportunities were identified as the research showed there were common patterns with general practice visits in the two years leading up to moving to a Jobseeker Support benefit.

“We aim to help the individuals retain employment with the help of a Work Retention Specialist through providing support for the individual and the employer,” Here Toitū Team Leader, Loni Beach, said.



“DIVERSE PATIENTS REQUIRE A DIVERSE WORKFORCE”

Linwood Medical Centre serves a diverse community. Many patients come from a country that does not have a general practitioner (GP) based system. This has required a unique approach to breaking down the barriers to accessing healthcare.

The medical centre employs 13 nurses under the leadership of Head Nurse, Yvonne Denny. The nursing team includes men, former refugees, students, and prescribing nurses.

“Diverse patients require a diverse workforce. We have made a conscious decision to ensure we meet the needs of our clinic with our nursing team,” Yvonne said. “We have recently hired a NETP student who is a refugee from Afghanistan. There is learning on both sides as she shares her culture and we share ours.”

Another initiative at Linwood Medical Centre is nurse-led clinics, an approach that has helped the practice manage GP shortages.

“Our nurses are encouraged to follow their interests within nursing and can become quite specialised. Our nursing team have specialisations across diabetes care, heart failure, end-of-life care, women’s health, newborns, sleep, and vulnerable families,” Yvonne said.



INSPIRING THE NEXT GENERATION

Through scholarships, internships, grants and training, Pegasus is fostering and inspiring the future health workforce.

INTERNSHIPS

Throughout the year, Pegasus accept two rounds of interns. The first are students currently undertaking health promotion and health science degrees at Ara | Te Pūkenga and the University of Canterbury. Internships are for either 75 hours over one semester or 130 hours over the year.

This year, Pegasus hosted seven interns working on a wide range of projects:

- Organising a community hui for the Chinese community
- Running focus groups for the Afghan community
- Fitness and waka ama for Pasifika women
- Creating an infographic for whānau of young people living with chronic pain
- Creating information posters to support youth wellbeing
- Compiling information for Pegasus World
- Scoping holistic recalls in practices
- Updating health sector and service information.

NURSING ENTRY TO PRACTICE (NETP) NURSES

NETP is a programme offered by Pegasus, designed to support graduate nurses during their first year in general practice. We welcomed 15 new graduate nurses in 2022 and 26 in 2023.

Nursing Development Manager, Di Bos, is passionate about the continued development of nursing graduates.

“We believe that new graduate nurses are an essential part of our growth and succession plan for nursing across Waitaha Canterbury,” Di said. “They bring new ideas to practice and provide fresh enthusiasm and energy into the workplace.”

STUDENTS IN OVER SUMMER

The second group of interns are welcomed as part of the Students in Over Summer programme. This initiative focuses on exposing a diverse range of health students to work in primary health.

Over December and January, Pegasus had five students from Māori, Pasifika or Culturally and Linguistically Diverse backgrounds studying in health (medicine, nursing, or allied health) working in various teams. These students worked on the following projects:

- Implementing group health and wellbeing support for refugee and migrant communities
- Scoping a cultural support role
- Developing a suite of training videos for practice receptionists and administrators
- Evidence-based review of exercise as medicine
- Manaakitanga in health: learning from COVID-19 services for Māori and Pasifika.

SPONSORSHIP

Pegasus sponsored Samoan medical student, James Ropati, to attend the New Zealand Medical Student’s Association Conference 2023 in Auckland. As well as the networking and learning opportunity, attending the conference has invigorated James’ passion towards a primary health approach that is equity-focused.

“As a Samoan and Pasifika medical student here in Ōtautahi Christchurch, my purpose in my studies has been ignited again. I am excited and eager to work in the space of primary healthcare as a potential general practitioner and a public health physician, for Pasifika communities in dire need,” James said.





2023 PEGASUS HEALTH WORKFORCE DEVELOPMENT SCHOLARSHIPS



The Pegasus Health Workforce Development Scholarships were established by Pegasus in 2001 to support Māori, Pasifika, and CALD (Culturally and Linguistically Diverse) students who are currently studying towards a health qualification. This year, a total of 15 scholarships were granted, and the evening was brimming with laughter and a strong spirit of kotahitanga (unity).

Keynote speaker Hector Matthews, Director Consumer Engagement and Whānau Voice, Te Whatu Ora, spoke about the importance of commitment to creating change. He implored the scholarship recipients to commit to making the health system in Aotearoa a place where Māori, Pasifika, and CALD voices are heard and honoured.

Sidney Wong, Chair of the CALD Health Advisory Group, spoke of his experience, as a child of migrants, in “having to navigate this health system that was never designed for us”. These words were supported by many of the scholarship recipients who shared their personal journeys.

Fijian recipient Esther Vuluma is studying towards a Bachelor of Counselling. She spoke from the heart and shared her feelings of not being able to find her place in a social services setting built by and for Pākehā.

“This is what I’ve always wanted to do. I hold onto this passion because I feel this is my purpose. It’s not easy, but I’m not just doing it for myself and my community - I’m doing it for other indigenous cultures. And I know that our voices are of value, our culture is of value, and our heart is of value,” Esther said.

COLLABORATION SHAPES THE FUTURE OF MĀORI HEALTH

Pegasus continues to lead collaboration that will shape the future of Māori health.

Melody Tuliau and Irihāpeti Mahuika from the Pegasus Equity Leadership team, hosted six organisations, including Te Whatu Ora Waitaha Canterbury and mana whenua, for a wānanga (forum) to articulate a shared vision for the future of whānau health in Waitaha.

“A big part of the wānanga was talking about what the future looks like for Māori in Waitaha,” Irihāpeti said. “We talked about the need for a culturally competent workforce, creating a collective and collaborative whānau journey through the healthcare system, and making sure whānau are fully informed and empowered by knowledge through their journey.”

While that kaupapa (project) continues, Hayley Lotter, Nurse Educator, has been working with fellow nurse, Kylie Clark at Te Whatu Ora Waitaha to establish a tapuhi Māori rōpū

(Māori nurses group). Māori nurses from across Te Whatu Ora Waitaha, Department of Corrections, Ara | Te Pūkenga, primary healthcare providers and non-government organisations are involved.

The number of Māori nurses working within the system is disproportionately lower than within the population. This is particularly true in primary health.

“The kaupapa is all about whakawhanaungatanga (connection). To get to know who else is out there and to be there as a support and resource for each other,” Hayley said.





TAKING ACTION ON CLIMATE CHANGE AND SUSTAINABLE PRACTICES IN HEALTHCARE

Pegasus signed the OraTaiao New Zealand Climate and Health Council Health Professional's Joint Call for Action on Climate Change and Health in the middle of 2022. OraTaiao advocates for a health-focused, Te Tiriti o Waitangi-based climate response. They recognise that climate change is the biggest public health threat of the 21st century.

"Having Pegasus Heal as the first Primary Health Organisation to sign, is a major step in strengthening our collective voice, and in bringing to the fore the central importance of primary care in both advocacy and climate response itself," Co-convenor of OraTaiao, Dermot Coffey, said.

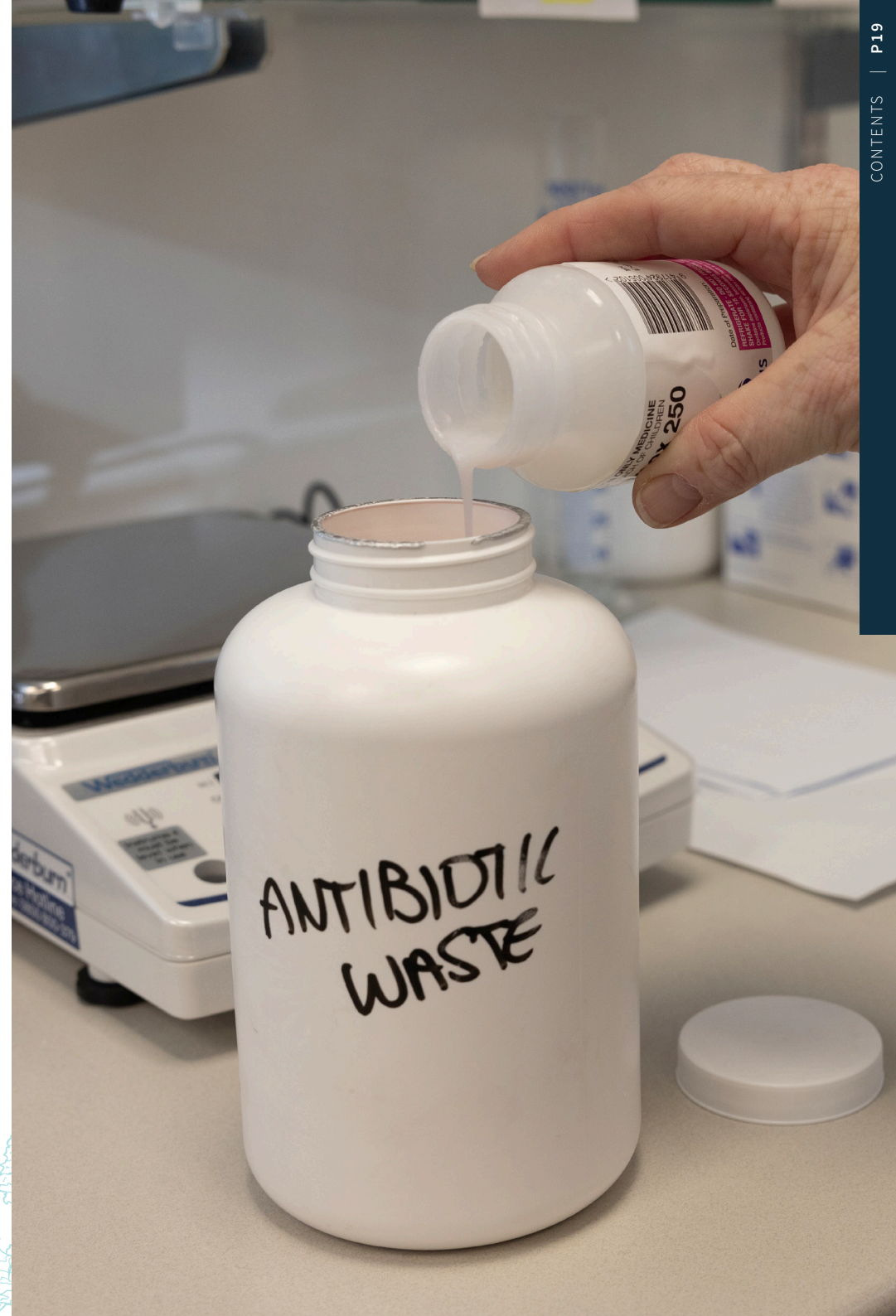
"Primary care needs to be mindful of environmental harms, as we will be at the forefront of efforts in Waitaha Canterbury with the increasing risk to health from global warming," Population Health Specialist, Anna Thorpe, said.

Halswell Pharmacy has adopted a sustainable approach that aims to minimise the environmental impact of their dispensary. Pharmacist, Loren Vincent, and owner, Karen Frater, have spearheaded this initiative that sees waste diverted from landfill and wastewater to more environmentally-conscious resting places.

"We have always done some recycling of cardboard and plastics, but we are now recycling soft plastics and aluminium as well. We have also stopped pouring our leftover antibiotics down the sink," Karen said.

Leftover antibiotics are now collected in a recycled plastic bottle to be included in the hazardous waste rubbish along with other returned and expired medication. This mitigates wastewater contamination.

As well as collecting used foil blister packaging, the staff also collect the foil seals from bottles for recycling. "All it takes is someone to drive it and a boss that is willing to make it happen," Karen said.



ST MARTINS MEDICAL ENGAGES MEN IN WELLBEING EVENT

After noticing that only two to three men sought wellbeing support for every seven to eight women, Health Improvement Practitioner (HIP) Jo Crump created a mens health event in late February 2023. General practitioners (GP) Dr Mike Osselton and Dr Lizzie Loudon also championed this innovative event.

Male patients aged over 18 years old and enrolled with St Martins Medical Practice were invited to an afternoon that showcased the diverse team of health clinicians that operate out of the Wilsons Road practice. As well as GPs and a team of nurses, men could chat with an occupational therapist, physiotherapist, dietitian, HIP, and health coach.

“It is really important that men are supported to make choices that are in line with their values and what matters to them. Choices that enable them to be the person they want to be,” Jo said.

“An event like this creates an opportunity to showcase what a practice can offer, and to deliver healthcare a bit differently. People do not know what they do not know and an event like this helps to make services more widely known and creates an opportunity to engage men and chat about what is possible.”

Ex-Canterbury Crusader, Adam Whitelock, gave a thoughtful and inspiring talk, sharing some of the practical tips he employs to make sure that his wellbeing is looked after. As well as limiting device time and making time for himself, separate from his family and work demands, Adam shared that his goal is to wake up with purpose and go to bed with satisfaction.





SMEAR-TEMBER AT PAPANUI MEDICAL CENTRE

Papanui Medical Centre embraced Cervical Screening Awareness Month with a Saturday clinic that saw approximately 36 women receive a cervical smear. Three nurses performed screening in a female-only environment that was designed to be a safe and welcoming space for women.

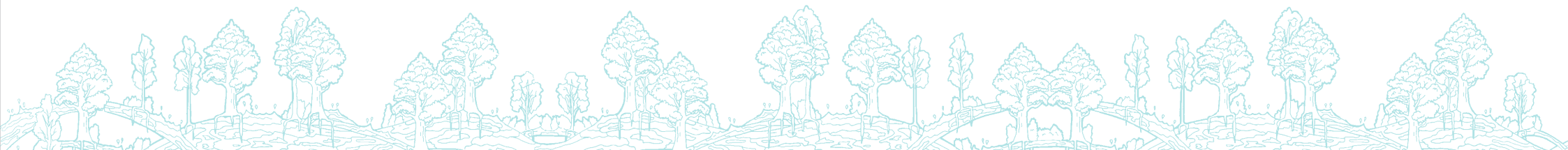
The idea of running the Saturday clinic came from the nursing team with the hope of being able to meet the needs of some of the harder to reach women within their enrolled population.

“We are calling it Smear-tember, and the goal was to open on a Saturday, when we are not

normally open, and hopefully enable those women who have kids or jobs to be able to come and get their smear,” Nurse Team Leader at Papanui Medical Centre, Nicola Mason, said.

Nicola and her team were highly encouraged by the response to the Saturday clinic. Nurses phoned priority Māori, Pasifika, and Asian women and those who were very overdue for a smear to invite them to attend the clinic.

“We were not expecting the response we had at all. Many women said they had been meaning to book a smear but had not got around to it. Getting on the phone and saying, ‘let us book you in now’ was the best approach,” Nicola said.





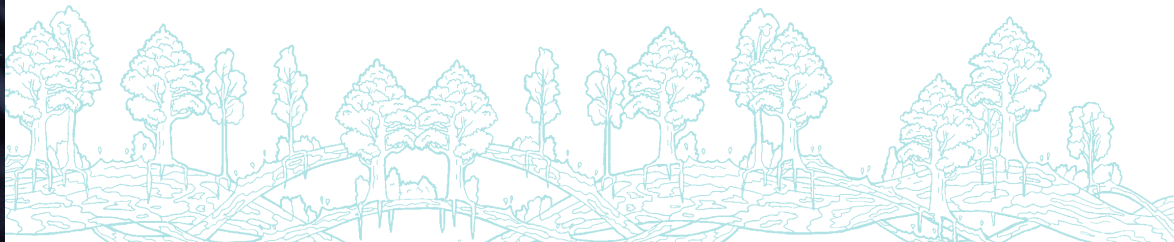
SMALL GROUP EDUCATION – BLENDING EVIDENCE AND DATA TO IMPROVE PATIENT CARE

Thirty years ago, the Pegasus Small Group education programme was born from a commitment to clinical quality and independent education for health professionals. It continues to be underpinned by the hypothesis that health professionals will practice rationally if given independent evidence, feedback, and the opportunity to discuss with peers.

A key component to developing education topics and upholding the philosophy is in blending evidence and clinical data to discuss clinical topics of interest.

The February 2023 Manawa Ngoikore - Heart Failure topic included an evidence review of the new four pillars approach to heart failure management, alongside B-type Natriuretic Peptide (BNP) testing data, a test used within diagnosis and management of heart failure. Individual clinicians were able to see how many tests they ordered and discuss the variation across practices. They were then able to identify what best testing practice might look like for them.

“It is great to be able to compare my practice to others in the group and know that my knowledge is up to date and based on the evidence and guidelines, with someone else doing the work to compile it all!” Small Group participant, Dr Emily Shine, said.



EMPOWERING INFORMED DECISIONS

In late 2022, Pegasus launched the 'Choose Your Best Healthcare Option' campaign to address rising demand in primary care. The aim being to educate the community about available healthcare options and encourage informed decisions.

The campaign was featured on billboards, bus backs, and mall washrooms in Waitaha Canterbury, as well as across digital platforms.

The centrepiece of the campaign was the user-friendly website: yourbestcare.co.nz. This interactive platform served as a valuable resource for the public to find and compare different healthcare options based on individual needs.

Looking forward, Pegasus aims to build on the campaign's success, continuing to be a driving force in promoting health literacy and equitable access to quality healthcare in the Waitaha region.

Choose Your Best Healthcare Option





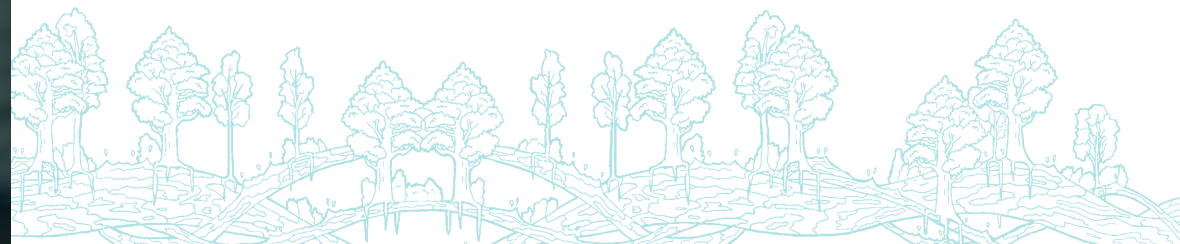
PARTNERSHIPS DRIVE SUCCESSFUL VACCINATION EFFORTS FOR MĀORI COMMUNITIES

Partnerships have been integral to the vaccination effort for Māori communities. Hauora Māori Manager, Melody Tuliau, collaborated with organisations such as Te Whatu Ora Waitaha Canterbury, Te Puawaitanga ki Ōtautahi Trust, He Waka Tapu, Purapura Whetu, and MIHI (Māori/Indigenous Health Innovation, University of Otago, Canterbury) to provide vaccination events and clinics within Māori communities.

Last year, hundreds attended a Health Day event held at Takahanga Marae in Kaikōura. The event offered COVID-19, influenza and MMR vaccines. In addition, a Māori pharmacist was on site to do medication reviews and a doctor was available for health checks. The event was a partnership between Māori health and social services provider, Te Tai o Marokura and MIHI and was supported by Melody and the Te Whatu Ora Waitaha COVID-19 vaccination team.

In late July, a free flu and COVID-19 vaccination clinic was held at the Ōtautahi Sports Association, a place that is considered turangawaewae (place of belonging) for many in the local Māori community. Renee Noble, a nurse at Te Puawaitanga ki Ōtautahi Trust, was the driving force behind this clinic and praised Melody for her involvement.

“Mel has been instrumental in making these clinics and this kaupapa a success. We appreciate that Pegasus has enabled her to help make this mahi part of a coordinated, system-wide approach,” Renee said.



PARTNERSHIP AIMS TO IMPROVE CERVICAL SCREENING RATES

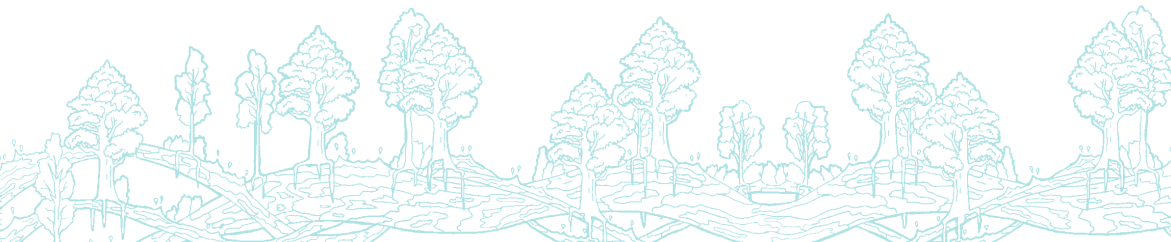
August 2022 saw Pegasus and ScreenSouth Ltd cement their commitment to supporting general practice with their cervical screening work. A Memorandum of Understanding was signed by Keiran Horne, the ScreenSouth Board Chairperson, and Mark Liddle, previous CEO of Pegasus Health.

“This partnership just makes so much sense. ScreenSouth is founded on partnership and the relationship between Pegasus and Pacific Radiology Group,” Keiran said.

Over the past couple of years, cervical screening rates fell as the COVID-19 pandemic saw a shift in priorities for both general practitioners and patients. From November 2021 to July 2022, cervical screening rates in Canterbury dropped from 68% to 66%, far below Manatū Hauora | Ministry of Health targets of 80%.

“With the impact of COVID, we have seen the equity gap is widening but we have also seen numbers come down for women in the total population as well. And that is not just Waitaha Canterbury, but across the country,” ScreenSouth General Manager, Louise McCarthy, said.

“It is about our teams working collectively and using the resources we have, to achieve the best outcomes. Pegasus are providing the kaimahi, ScreenSouth will provide the support worker and then we have got data and health promotion teams that can reach in and provide support.”





OUTREACH TO CANTERBURY'S CHINESE COMMUNITY

Connecting with all communities is key to ensuring the purpose of Pegasus that all people living in Canterbury lead healthy lives. Edith Yi, Administrator for the General Practice and Community Service team, has been delivering presentations to Waitaha Canterbury's Chinese community to provide a better understanding of the New Zealand health system.

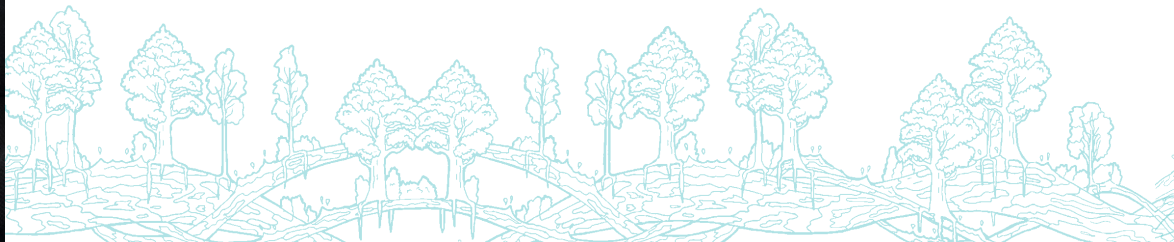
Edith delivers the presentations in Mandarin and they are tailored to cover issues specific to the Chinese community.

"In China, when we have a health problem, we go to the hospital. There is no general practitioner (GP) service like we have here. My main message was to make sure they develop a relationship with their GP," Edith said.

Edith is passionate about sharing the services Pegasus offer, particularly in the mental health and wellbeing spaces.

"In Chinese culture, we do not talk about mental health. There is a focus on physical health. I brought them both together so I could create an open environment and make sure people felt safe and able to talk about their concerns," Edith says.

Working with both the Population Health and Suicide Prevention teams, Edith hopes to be able to continue delivering information, support and safe spaces to the local Chinese and Asian communities.



IMPROVING ACCESSIBLE INFORMATION FOR DISABLED PEOPLE

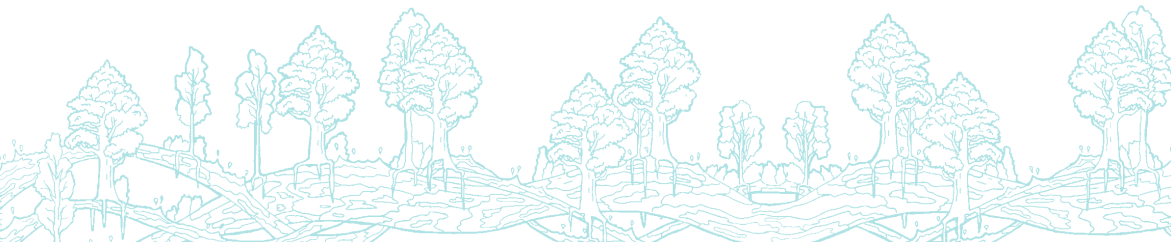
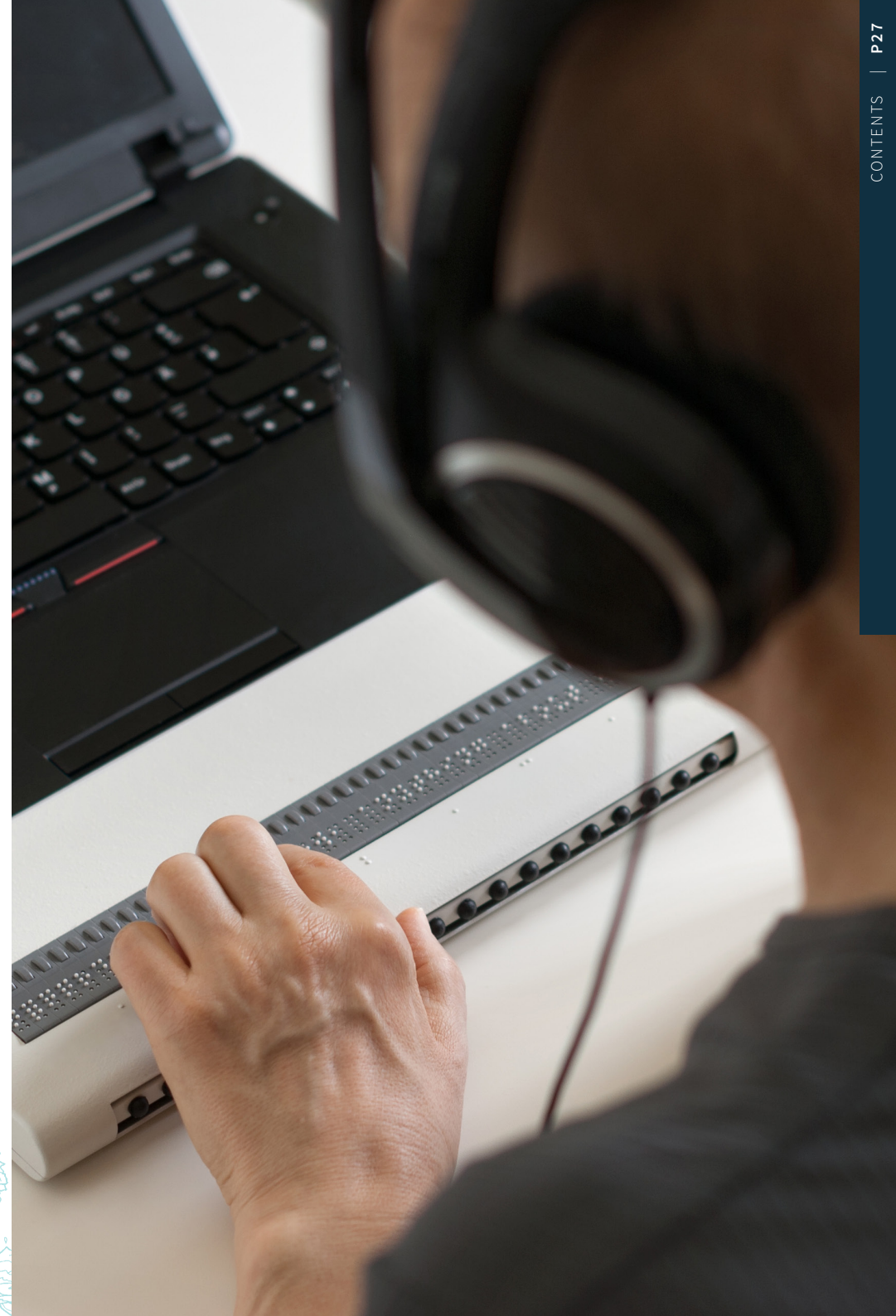
Pegasus wants to ensure that there is accessible information throughout the Waitaha Canterbury health system. Accessible information and communications allow disabled people to participate and contribute on an equal basis with non-disabled people.

To further this goal, Pegasus has joined the Accessible Information Working Group at Te Whatu Ora Waitaha Canterbury, focused on improving accessible information throughout the Waitaha health system.

“Accessible health information is crucial for disabled people. It enables better access to health services which can be very difficult otherwise. Accessible information helps people understand diagnosis, treatment options, medical instructions and improve health outcomes. We have a responsibility to provide accessible health information for all of our people,” Population Health Specialist, Anna Thorpe, said.

Pegasus aims to create an inclusive and positive healthcare experience for those with disabilities, with it being identified as a priority population to reach and support in the Pegasus Health Equity & Population Health Strategy 2022-2030.

From this, two new consumer representatives with lived and professional experience with disability have been appointed to the Clinical Quality Advisory Board and Population Health Advisory Board. A disability guideline for support staff has been developed, with information on disability resources currently being updated on Pegasus World, the Pegasus member information portal.



NGĀ PŪRONGO REPORTS



POPULATION HEALTH ADVISORY BOARD REPORT

The Population Health Advisory Board (PHAB) continued in its advisory board role over the last year, though experienced changes in both Chair and membership.

After three years in the role, Sandy Brinsdon resigned in April as the Chair of PHAB, and we welcomed Renee Noble to the Chair role and to the new role of Clinical Lead, Equity at Pegasus. Renee is a Registered Comprehensive Nurse with specialities in primary care, community nursing, specialty mental health and addiction nursing, population health and Māori health.

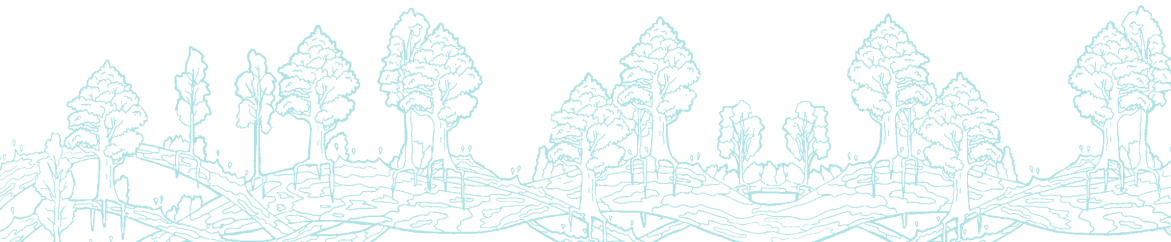
We also welcomed Losana Korovulavula as the māngai (representative) of Pacific Reference Group (PRG), and Sidney Wong, previously one of our two youth members, as the Culturally and Linguistically Diverse Health Advisory Group (CHAG) māngai.

We welcomed four new PHAB members: Sarah Wills as kaimahi (staff who work with) kahu taurima (maternity and early years services); Rawa Wood- Bodley as māngai tāngata whaikaha (disability community); and most recently, Brodie Marra and Sienna Ransfield as our new māngai rangatahi (youth community). These new members strengthen the equity and consumer voice around the PHAB table, and for Pegasus.

During the past year, PHAB continued in its key role of monitoring the implementation of our Pegasus Health Equity & Population Health Strategy | Kia atawhai ki te tangata (2022-2030). PHAB also received updates on the Health & Disability System Review, and the Waitaha COVID-19 response.

In late 2022, PHAB endorsed Pegasus Health's adoption of The Code of Expectations for Health Entities' Engagement with Consumers and Whānau, which sets the expectations for how health entities must work with consumers, whānau and communities in the planning, design, delivery, and evaluation of health services.

PHAB also continued its role as a conduit for discussion with the three Waitaha Reference Groups: Te Kāhui o Papaki Kā Tai, PRG and the CHAG.



CLINICAL QUALITY ADVISORY BOARD REPORT

The Clinical Quality Advisory Board (CQAB) is the key clinical governance body for Pegasus delivered health services and the Pegasus primary care network. Central to this leadership role is providing evidence-informed services that are clinically led, free from commercial bias, and aiming to achieve equitable health outcomes. As such, CQAB has a focus on clinical effectiveness, equity, quality improvement, patient safety, and ensuring an engaged and effective workforce.

The year 2022-2023 saw the transition from a COVID-19 response-dominated system to one focusing on post-COVID-19 recovery, implementation of Health Reforms and the challenges of high demand for care, workforce constraints, and widening equity gaps.

CQAB has been involved in all these areas, supporting initiatives to improve equity of access, manage system flow, support workforce needs, and improve communication networks.

Areas of focus have included:

- Using the Pegasus Health Equity Tool to identify approaches for improving assessment and management of heart health, particularly in priority patients.
- Instigation of cultural safety, knowledge, and skills development for CQAB to enhance delivery of its responsibilities effectively and equitably.
- Supporting the development of Pegasus Advocacy Principles and then applying them to appropriate issues e.g., the Therapeutics Products Bill, direct-to-consumer advertising, funding criteria in cervical screening, duration of funded supply of ADHD medication, review of special authority stipulations for certain long-term conditions, and SmokeFree legislation.
- Developing strategies with the Population Health Advisory Board to enhance consumer engagement on the advisory boards and across the organisation.
- Working with the Health Intelligence team and across sectors to improve the quality, accessibility, analysis, and reporting methods of data collection.
- Oversight of System Level Measure Priorities including Equally Well, oral health, family harm prevention, and cervical cancer prevention.

Ben Hudson

Clinical Quality Advisory Board Chair





CCN REPORT

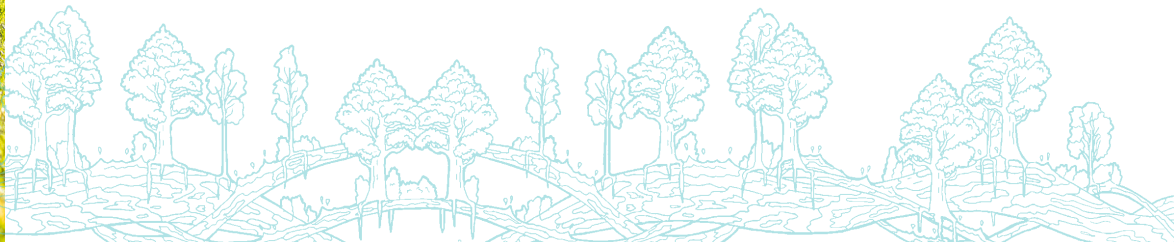
CCN is a collaborative of health professionals, mana whenua, consumers, and cross-sector partners working collaboratively to improve the health and wellbeing of our communities, from Kaikōura to Ashburton.

CCN uses a values-based framework to ensure that people and their whānau are at the centre of designing equitable health services in a genuine and purposeful partnership.

The key function of CCN is to bring people together in forums to design equitable health services and collectively make decisions about how, when and where services are delivered using data on current and predicted trends alongside real-world experiences from providers and the Waitaha Canterbury community.

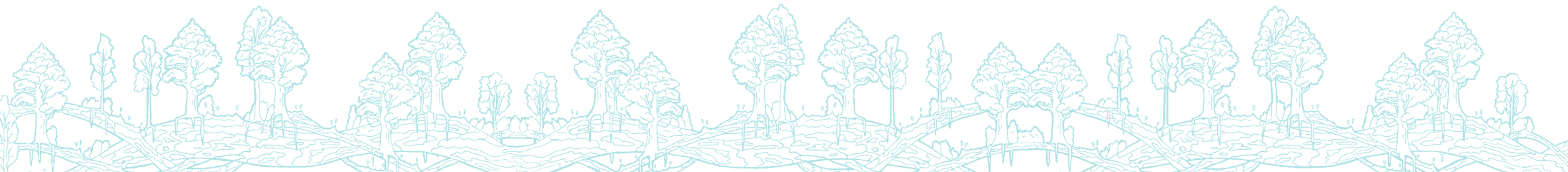
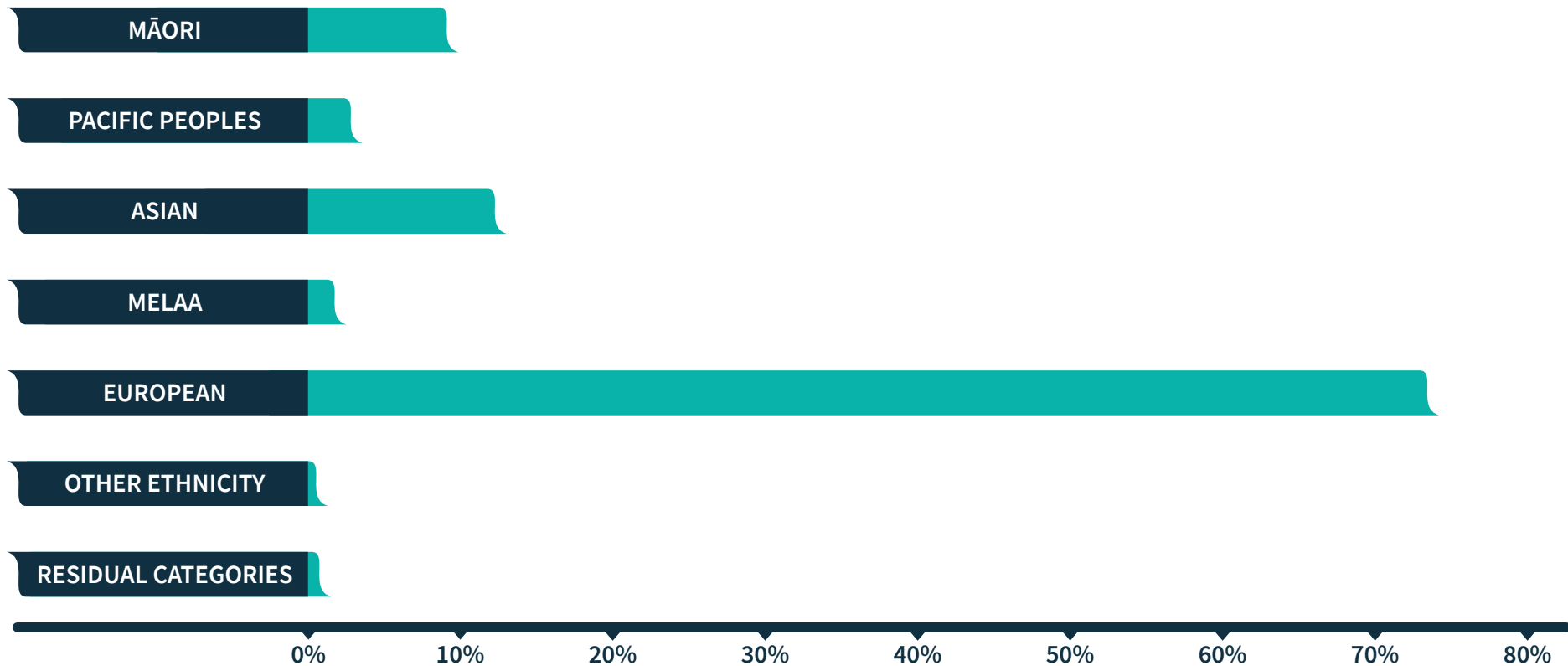
The following projects from the past year demonstrate CCN's commitment to focus on equity and amplifying the whānau voice, as well as work that impacts our system's ability to manage current demand.

- The Child and Youth Workstream have worked with rangatahi to complete a review of the current access and delivery of sexual and reproductive health services for rangatahi under 25 years.
- A project which brings consumers and health providers together to codesign a new model of care for people living with chronic pain - a long term condition which often starts following an injury, accident, or illness.
- Creation of a Primary Care Taskforce to lead local changes aimed at addressing capacity pressures in primary care, with an initial focus on general practice.



ENROLLED POPULATION FIGURES

1 July 2022 - 30 June 2023



SYSTEM LEVEL MEASURES

1 July 2022 - 30 June 2023 unless otherwise specified

DIABETES

69% OF THE ELIGIBLE POPULATION HAD DIABETES CHECKS
66% Māori

SMOKING

80% RECEIVED ADVICE AND SUPPORT
78% MĀORI
% OF SMOKERS AGED 15 TO 74 OFFERED HELP TO QUIT SMOKING IN THE LAST 15 MONTHS

GP CONSULTATIONS

1,974,437
GENERAL PRACTICE CONSULTATIONS

IMMUNISATIONS RATES

91% VACCINATED CHILDREN AGED 24 MONTHS
85% MĀORI

CERVICAL SCREENING

WOMEN AGED 25 TO 69 HAVE RECEIVED A CERVICAL SMEAR IN THE LAST THREE YEARS
64% Māori **67%** RECEIVED CERVICAL SMEAR

B4 SCHOOL

94% CHILDREN CHECKED
% OF CHILDREN HAVE RECEIVED A B4 SCHOOL CHECK (INCLUDES DENTAL, VISION AND HEARING)
91% MĀORI



